

A Doctor's Appointment

Don't like going to the doctor's? It can be stressful and uncomfortable, but it's also helpful and important to do when we don't feel well. Knowing key phrases that you can use while at the doctor's, will help make the experience easier and less stressful.

Below, we'll introduce you to important phrases that you can use whenever you need to go to the doctor's. They'll help you describe your ailments, as well as help you understand what the doctor is saying. Take a look at the tables below and get ready for your next appointment!

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At the Reception

When you get to the doctor's, the first thing you'll have to do is check in at the front desk. This is where you give your name and insurance information. The following phrases will be useful when doing this.

German

Guten Morgen, wie kann ich Ihnen heute helfen?

Ich möchte einen Arzt sprechen.

Ich bin hier, um mich untersuchen zu lassen.

Haben Sie einen Termin?

Ich habe einen Termin um 14 Uhr.

Ich bin hier, um Dr. Fiedler zu sehen.

Könnten Sie bitte Ihre medizinische Vorgeschichte auf diesem Formular eintragen?

English

Good morning, how can I help you today?

I'd like to see a doctor.

I'm here for a check-up.

Do you have an appointment?

I have an appointment at 2:00.

I'm here to see Dr. Fiedler.

Could you fill in your medical history on this sheet, please?

 **German**

Bitte nehmen Sie Platz.

Der Arzt wird in Kürze bei Ihnen sein.

 **English**

Please have a seat.

The doctor will be with you shortly.

Questions From the Doctor

When you finally meet with a doctor, they'll ask you lots of different questions about what's wrong. Below, you'll find many important questions to know when speaking with a doctor. Learning them will help you understand the doctor better. Take a look!

 **German**

Weshalb sind Sie heute hier?

Welche Symptome haben Sie?

Seit wann haben Sie Fieber?

Seit wann geht es Ihnen schon so?

Haben Sie Medikamente eingenommen?

Nehmen Sie irgendwelche Medikamente ein?

Haben Sie irgendwelche Allergien?

 **English**

What have you come in for today?

What symptoms have you had?

When did the fever start?

How long have you been feeling like this?

Have you been taking any medication?

Are you on any sort of medication?

Do you have any allergies?

The Examination

After you've discussed what's wrong or how you're feeling, then the doctor will begin their examination. The following phrases are often used by doctors during this process.

 **German**

Wo tut es weh?

Tut es weh, wenn ich hier drücke?

Könnten Sie bitte Ihren Mund öffnen?

 **English**

Where does it hurt?

Does it hurt if I press here?

Could you open your mouth, please?

 **German**

Ich werde Ihren Blutdruck messen.

Ihr Puls ist normal.

Könnten Sie bitte husten?

Wir müssen eine Röntgenaufnahme machen.

Wir müssen eine Blutprobe nehmen.

 **English**

I'm going to take your blood pressure.

Your heart rate is normal.

Could you cough, please?

We need to take an x-ray.

We have to take a blood sample.

Treatment

As soon as the doctor has finished their examination, they'll suggest a treatment. Below, you'll find examples of what a doctor might suggest.

 **German**

Ich werde Ihnen eine Spritze geben.

Ich werde Ihnen ein Medikament verschreiben.

Ich möchte, dass Sie einen Spezialisten aufsuchen.

Sie sollten mit dem Rauchen aufhören.

Wenn es schlimmer wird, rufen Sie mich an.

In ein paar Tagen sollte es Ihnen besser gehen.

 **English**

I'm going to give you an injection.

I'm going to prescribe you some medicine.

I want you to see a specialist.

You should stop smoking.

If it gets worse, call me.

You should be better in a few days.

Leaving the Doctor's Office

Once you're finished meeting with the doctor, you'll have to head back to the front desk to check out. Have a look at the following phrases that will be useful when doing this.

 **German**

Müssen Sie einen weiteren Termin vereinbaren?

 **English**

Do you need to make another appointment?

 **German**

Brauchen Sie ein ärztliches Attest?

Bitte rufen Sie uns an, wenn es schlimmer wird oder wenn Sie Fragen haben.

Gute Besserung!

 **English**

Do you need a doctor's note?

Please call us if things get worse or if you have any questions.

Feel better soon!

Frequently Asked Questions

What are the most essential German phrases I should know when at the doctor's?

Haben Sie einen Termin?	Do you have an appointment?
Ich habe einen Termin um 14 Uhr.	I have an appointment at 2:00.
Welche Symptome haben Sie?	What symptoms have you had?
Seit wann geht es Ihnen schon so?	How long have you been feeling like this?
Nehmen Sie irgendwelche Medikamente ein?	Are you on any sort of medication?
Sie sollten mit dem Rauchen aufhören.	You should stop smoking.
Wenn es schlimmer wird, rufen Sie mich an.	If it gets worse, call me.
Müssen Sie einen weiteren Termin vereinbaren?	Do you need to make another appointment?

What is medical German?

Medical German is a quite technical and scientific form of German that will be used by most doctors and nurses. Knowing some key phrases and vocabulary will be very useful when you go to a doctor and will prevent misunderstandings. Don't be afraid to ask too many questions! Doctors usually want to help you ease your mind and to get you back to normal.

What are the main aspects of going to a German doctor?

A normal visit to the doctor's is normally broken up into stages. The first thing you need to do is make an appointment. You can do this either over the phone or online. When you arrive for your appointment, the first thing you'll have to do is check in at the front desk. This is where you give your name and insurance information. If you head to the doctor's in Germany, make sure you know which insurance they accept. In Germany there is a difference between public and private health insurance, and some doctors only accept patients with private insurance. After you check in, you'll head in for your examination. Afterwards the doctor will suggest some form of treatment or will want to make another appointment with you. Finally, you'll head back to the front desk to either check out or to make your next appointment.



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